

First and Last Name: \_\_\_\_\_

# Band Practice Card

List Assignments to practice

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

What practice skills did I use this week

- Clap and count      Finger and say notes      Play rhythm on one note      Slow it down
- Use a metronome      Three times perfect      Recognize patterns      Chunking
- Work from the end      Record your playing      Isolate one aspect      Play with a friend

Goal: At least 15 minutes / 5 days a week

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date							
Minutes practiced							

Total minutes: \_\_\_\_\_ Parent signature: \_\_\_\_\_

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